



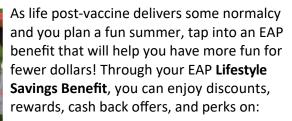


EAP services are available to you and your household members as well as dependent children living away from home, up to age 26.

Summer Savings for Summer Fun!









Travel services • vacation packages • cruises • car rental • theme & water parks • tickets to events and attractions • bus tours • museums • zoos • sporting events • theatres • dining

And check out deals on your favorite brands at home, too!

Overstock • Office Max • Dyson • Lego • Costco • HP • Sam's Club • Coach • ProFlowers • Blue Apron • Keurig • Disney • Uber Eats • Target • Cole Haan • LensCrafters • Home Depot • Macys • JC Penney • Kohls • BJs • Kate Spade • Jiffy Lube • Nike • Curves • PetSmart • Rite Aid • And more!

This is just a sample - discounts and savings change frequently. To explore this great benefit, simply logon to www.HealthCareEAP.com and click the 'Lifestyle Savings Benefit' tile.

Summer Fun & Safety

- July is Parks & Recreation Month. Get some ideas to Get Outside from the National Park Service. Find Your Park by location or activity.
- Get swimming, boating.
 Pool safety, water-related illnesses and skin cancer prevention tips from the CDC:
 <u>Health Swimming and Recreational Water.</u>
- Enjoy fresh food! Find <u>Pick</u>
 <u>Your Own Farms</u> or <u>local</u>
 <u>farmer's markets</u>, <u>roadside</u>
 <u>stands</u>, <u>or farm stands</u>.

E-Learning Popular Picks

Check out a few popular picks from our 8,000+ E-Learning courses and trainings. Simply login at www.HealthCareEAP.com, click the "Training Center" icon and choose the "New & Improved Trainings" icon.

- NEW! Be a Strategic Thinker | Course ID: SVL_1020934
 7 minute video on developing your own abilities to think strategically and contribute to long-term success.
- NEW! Surviving a Micromanager | Course ID: SVL_1020895 6 minute video on actions to take to help improve a working relationship with a micromanager.
- Working With the Five Generations (Part 1 of 6): Working With Different Generations | Course ID: SVL_102333 7 minute video, first of 6 parts exploring differences and commonalities between the 5 major generations of workers.